

Impact- Sep 2018

WORLD MENTAL HEALTH DAY

Atulya-
IBDP YEAR 1



The activity of interviewing people and varying age groups on their perception of 'normal' and 'abnormal' mental health proved to be an eye-opener on how different each person thinks and how age affects the line of thought. This activity helped me to interact with people I was not very close with, and the whole process proved to be interesting as I was instantly curious about how different ages might affect the thought process of humans. The data collected gave a deeper insight into the topic and helped me understand class related to it in a practical way rather than a theoretical manner, which always boosts both my understanding and interest.

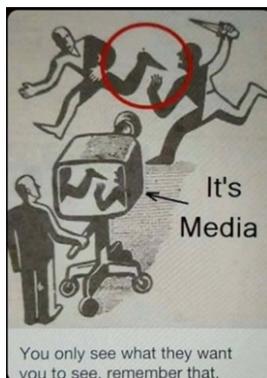
PSYCHOLOGY: Chaotic order!!

On 26th of September during our psychology class, we had planned for a role-play for the better understanding of our concepts. The topic was 'eating disorders', and we were asked to prepare a script relating to this topic. Although the topic was provided a week before the presentation, due to short term memory problem (forgot!), we were left with two nights to prepare. During this short span we gave our best to do a good job and conveniently emerged successful. We all worked together as a team and contributed to the role-play. Few students had balanced their time and spent a day to work on the script of the role-play. Since the practice session was only for one hour, we had a few flaws while presenting but we managed to subside the flaws by the powerful acting of my team mates. We were very open-minded and shared our opinions towards the end of the play. It was a memorable experience for us.



Chemistry: Gesticulating Chemicals...

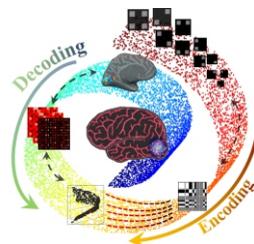
Hanna Rahaman- IBDP YEAR 1



Dumb Charades has always been fun when enacting movies and songs. But this jolly-game was unimaginable when our chemistry teacher asked us to incorporate chemistry concepts like VSEPR theory and bonding into it. However, within the first few turns, I realized that chemistry and Dumb Charades could work together even if extra-effort was necessary. Moreover, the game had an extra aura of fun since all of us were struggling to convey the phrases to our peers.

Finally it was my turn! I got a phrase that was quite long and had no clue on how to convey it. After a series of weird hand gestures, I managed to get the word from my peers – Resonance hybrid of carbonate.

This game was not only a fun factor but it also helped me learn a new concept in chemistry. At the end of the game, I realized that different people interpret things differently and language is an essential tool in our day-today-life. Most importantly, this session was a stepping stone for all of us to become a better thinker and a communicator



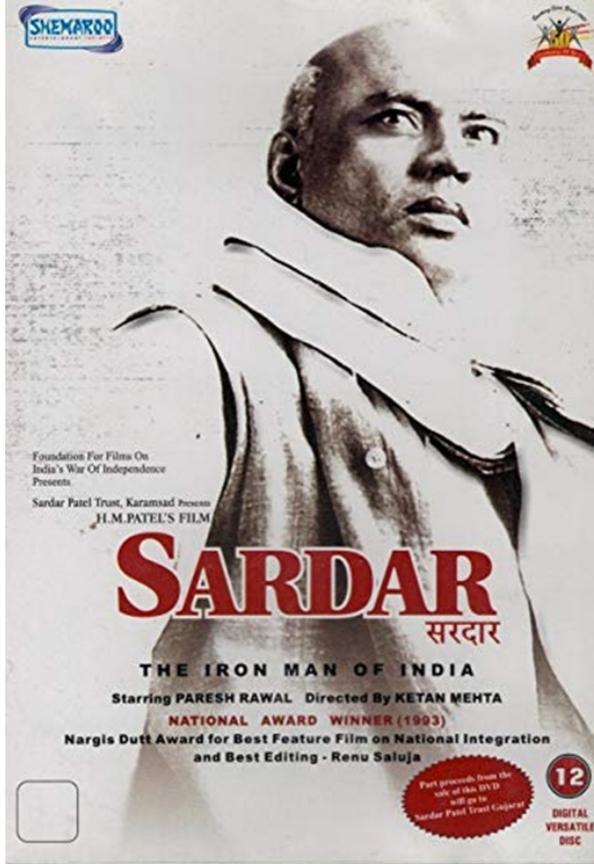
Kaavya- IBDP Year II

We all know that mass media is an inevitable part of our daily lives. Hence, to further our understanding, in our English class we focused on the way language is used in mass media, such as newspapers, magazines, the internet, radio or film etc. We pondered upon how both the production and reception of texts are shaped by its medium of delivery.

With constant flow of information every second, our brain encodes and decodes information on a mass scale, leaving way to get manipulated or confused. In the given scenario, it is essential for an individual to be media literate and be aware of types of media; propaganda techniques; persuasive language, types of information that reaches the audience; and purpose of the text. With these skills you can make informed choices.

The sessions enabled us to access, analyze, evaluate and create messages in a variety of forms - from print to video to the Internet, which helped us to understand the role of media in society. It made us realize that the essential skills of inquiry and self-expression are necessary for citizens of a democratic nation.

REFLECTION TIME: Hindi



कहानी एक दिन की...

क्लास में सरदार नामक फिल्म देखने को मिला। यह सोचा नहीं था कि जी के साथ यह एक अनूठा, यादगार अनुभव होगा। हर पाँच मिनट रुखकर, हम जी को दस

सवाल ना करें भी तो जी खुद ब खुद हमे अपने सालों का ज्ञान समझा ही देते है। परन्तु इससे मूवी का अहसास घटने के बजाए और बढ़ गया! यह फिल्म सरदार

वल्लभाई पटेल और साथ ही भारत के स्वतंत्रता के बाद की कहानी है। हमे इससे भारत की पुराणी, पूज्य संस्कृति का एक अहसास हुआ। यही नहीं, कक्षा में इतिहास के

हर पक्ष पर बहस करने में मज़ा आया। गांधीजी से लेकर नेहरूजी के महत्व पर चर्चा करने में बड़ा मज़ा भी आया और सिखने को भी बहुत कुछ मिला।